# TELADOC



### **REQUEST. VISIT. RESOLVE.**

Speak to a licensed doctor by web, phone or mobile app in minutes. Quality care is available 24/7/365.







No co-pay for employees enrolled in BCN or Community Blue. Those enrolled in the CDHP pay the full amount until their deductible is met.

### Treat a Range of Conditions:

## **▼** GENERAL MEDICAL

Cold/flu, bronchitis, allergies, pink eye

## **▼ DERMATOLOGY**

Acne, skin rash, moles/ warts, abrasions

# **▼ MENTAL HEALTH**

Depression, anxiety, grief counseling, addiction

# **LIVONGO** by Teladoc

A free diabetes management program for benefits-eligible employees, their spouse and dependents. Sign up to receive the Welcome Kit.

### **FREE WELCOME KIT INCLUDES •**

- Unlimited test strips and lancets
- Lancing device
- Connected glucose meter
- Carrying case
- Optional coaching from a specialist



#### **SAVE MONEY**

Unlimited FREE test strips and lancets whenever you need them.

### **GET HEALTHIER**

Members feel empowered to take control of their health.

ON-CAMPUS/LOCAL SERVICES



# TELADOC MEDICAL EXPERTS

Expert medical advice for informed medical decisions. Teladoc Medical Experts is committed to helping employees enrolled in an MSU health plan make the right choice with confidence.



Experts review your medical case.



Get a custom report and medical opinion from top doctors.



Ask questions or get help locating the best doctor near you.



MSU Human Resources

# **BENEFIT HIGHLIGHTS**

Optional benefits and resources available to MSU employees. Learn how to sign up at **hr.msu.edu**.



# **IMAGING SERVICES**

MSU Health Care offers imaging services— MRI, x-ray and more—on campus at the Clinical Center or at McLaren Greater Lansing. Available to everyone.



## PRESCRIPTION DELIVERY

Save time by having MSU Health Care Pharmacy deliver your presciptions right to your door or office on campus.

# VOLUNTARY BENEFITS

Benefits-eligible employees can enroll in these optional benefits through MSU Benefits Plus with special pricing for MSU employees.

Vision, legal and crticial illness insurance have an open enrollment period (October), while others you can enroll in at any time. Enrollees pay the premiums for the benefits they select and those payments are collected via payroll deduction.



### **PET**

Nationwide offers several plans that may cover surgeries, tests, prescriptions, exams & more.



## **HOME/AUTO**

MetLife or Liberty Mutual offer home and auto insurance plans.



### **DISCOUNTS**

You have access to special discounts on electronics, home goods, food, entertainment and more!



### **VISION**

VSP plans offer savings for high-quality eye care and eyewear.



### **LEGAL**

ARAG offers protection from today's legal matters and covers 100% of most fees from a network attorney.



## **CRITICAL ILLNESS**

MetLife gives you money for unexpected illnesses. Use for medical expenses or any other use you wish.

